



# Insight

Internal Newsletter

January to March 2023



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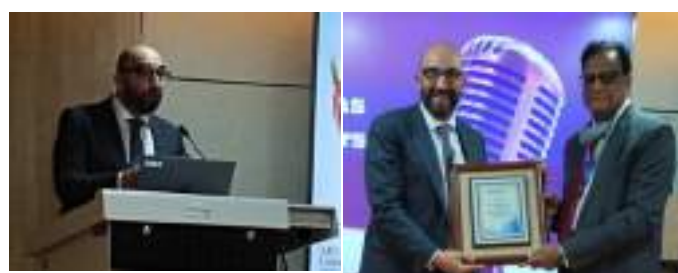
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### 8<sup>TH</sup> ACADEMIC LECTURE SERIES OF RGCIRC

RGCIRC organized a lecture on Wednesday, 18<sup>th</sup> January 2023 at Indraprastha Hall, RGCIRC, Rohini, Delhi. Dr. B. S. Ajaikumar, Radiation and Medical Oncologist, Doctorpreneur, Thought Leader, Philanthropist, Executive Chairman: HealthCare Global Enterprises Ltd. delivered a lecture on Doctors as Entrepreneurs. The lecture was attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Staff Nurses and other staff members.



### 9<sup>TH</sup> ACADEMIC LECTURE SERIES OF RGCIRC



RGCIRC organized an academic lecture on Friday, 20<sup>th</sup> January 2023 at Indraprastha Hall, RGCIRC. Dr. Enrique Grande, Director – Medical Oncology, MD Anderson, Spain delivered a lecture on Role of Aveluab in GU Cancers: When, Where & Why? The lecture was attended by more than 120 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants and Resident Doctors.

### CME – IMA DEHRADUN

RGCIRC organized a CME in association with IMA Dehradun on Saturday, 28<sup>th</sup> January 2023 at Hotel Madhuban, Dehradun, Utrakhand. Dr. Sudhir K. Rawal, Medical Director, RGCIRC, Rohini & Chief of Genito-Uro Oncology Services, RGCIRC delivered a lecture on Robotic Surgery: Past & Present and Future and Dr. A. K. Dewan, Director – Surgical Oncology, RGCIRC spoke on What is New in Oncology



### 16<sup>TH</sup> CHEMOPORT TRAINING PROGRAMME

Department of Surgical Oncology, RGCIRC successfully organized the 16th training course in Chemoport Insertion on 01<sup>st</sup> February – 02<sup>nd</sup> February 2023 at Indraprastha Hall, RGCIRC, Rohini, Delhi. This 2 days course was held for doctors from various oncology centres who desired to learn this technique. It entailed interactive session by the faculty of RGCIRC as well as hands on training in the operating rooms. The topics covered were Chemoport Insertion, Hickman's Catheter Insertion, Pediatric Port, Arm Port, Peritoneal Port Insertion and snaring of fractured Port catheter. The course was highly gratifying and we received an excellent feedback.



## 10<sup>TH</sup> ACADEMIC LECTURE SERIES OF RGCIRC

RGCIRC organized an academic lecture on Saturday, 04<sup>th</sup> February 2023 at Indraprastha Hall, RGCIRC. Dr. Ashok K. Hemal delivered a lecture on Staff & Physician Burnout. The lecture was attended by more than 120 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Staff Nurses, etc.



## CME – IMA JANAKPURI

CME Programme organized by RGCIRC in association with IMA Janakpuri on Saturday, 04<sup>th</sup> February 2023 at Hotel Radisson Blu, Paschim Vihar, Delhi. Dr. I. C. Premsagar, Sr. Consultant & Chief of Neuro & Spine Oncology Services, RGCIRC delivered a lecture on Management of Headache and Dr. Jaskaran Singh Sethi, Sr. Consultant & Chief of GI, HPB & Pediatric Radiation Oncology Services, RGCIRC spoke on Radiotherapy – Energy at Work.



## 11<sup>TH</sup> ACADEMIC LECTURE SERIES OF RGCIRC



RGCIRC organized a lecture on Wednesday, 08<sup>th</sup> February 2023 at Indraprastha Hall, RGCIRC, Rohini, Delhi. Dr. Vineet Talwar, Director – Medical Oncology, RGCIRC delivered welcome address & introduction. Dr. Lara Lipton, Medical Oncologist, Cabrini Health, Western Health, Melbourne, Australia spoke on Newer advances and Role of Immunotherapy in Management of Advanced Biliary Tract Cancers. The lecture was attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors etc.

## STRIDE AGAINST CANCER - WALK FOR LIFE 2023

RGCIRC participated in "Stride against Cancer - Walk for Life" organized by Can Support on Sunday, 19<sup>th</sup> February 2023 at Kartavya Path, New Delhi. Thus, for this event, Team of RGCIRC; Counseling Department, Staff Nurses, Social Worker, Housekeeping Department etc walked hand in hand with cancer survivors, cancer patients, caregivers of patients and students of different schools and colleges and thousands of other people from all walks of society marched past the India Gate through Rajpath to support the fighters, salute the survivors and give a message of hope to all. Walking along people with cancer can give a new lease of life is what motivated us to participate in this event.



## RGCON 2023: CURING CANCER IN CHILDREN & ADOLESCENTS

RGCIRC organized RGCON 2023, 21<sup>st</sup> Annual International Conference on 24th – 26th February 2023 at Hotel Crowne Plaza, Rohini, Delhi. The theme for this year was **Curing Cancer in Children & Adolescents**.

The Scientific program of RGCON 2023 was designed so as to involve all the multidisciplinary teams that are required to treat a child with cancer. Efforts were made to make it clinically relevant and update the participants about the basics and latest innovations in the field of pediatric oncology. We conducted eight workshops covering different aspects of childhood cancer and thus highlighting and emphasizing the importance of multidisciplinary care in management of these diseases. We had eleven international childhood cancer experts from all over the world to share their expertise, knowledge, insight, and experience with all the participants. We received overwhelming response from all over the country and it's a testimony to the quality of our scientific program. The conference had 180 faculties and more than 600 delegate registrations which speak of the enthusiasm about the conference. All the scientific deliberations and workshops were highly appreciated by the participants.

Overall it was a grand success and a great networking opportunity for the entire fraternity of Pediatric Oncology of India to learn and collaborate with each other and experts from abroad.

The inaugural ceremony began with a melodious Saraswati Vandana which was followed by lamp lighting by the dignitaries. The chief guest Dr. Vaskar Saha, Director, Tata Translational Cancer Research Centre, Kolkata; gave a very thought provoking inaugural address and he was felicitated. Thereafter the "**Aashayein Newsletter**" by childhood cancer survivors was released. The annual research awards of RGCIRC were then announced. In the end, there was a mesmerising cultural program by the childhood cancer survivors and hospital staff which left many in the audience teary eyed, and received a standing ovation.



### Highlights of the RGCON 2023

- Workshops were on various topics - total of eight.
- Alumni meet with social program by all departments followed by a rocking high octane live music band.
- Two Newsletters one by Alumni and second by Survivors.
- High content scientific program with eminent International and National faculty touching on recent advances as well as awareness and sensitisation of Pediatricians.
- Inauguration followed by cultural program by cancer survivors which received a standing ovation.

**41<sup>ST</sup> ANNUAL CONVENTION OF IMA SOUTH DELHI**

RGCIRC participated in 41<sup>st</sup> Annual Convention being organized by IMA South Delhi on Sunday, 12<sup>th</sup> March 2023 at Hotel Surya, New Friends Colony, New Delhi. The theme of this convention was “Empowering the Physicians”.

Dr. Gauri Kapoor, Medical Director, RGCIRC, Niti Bagh and Director – Pediatric Hematology Oncology & BMT delivered a lecture on Importance of Physician in Follow Up Care of Childhood Cancer Survivors and Dr. Sunny Malik, Consultant In Charge, Dept. of Oncoanaesthesia, Pain and Palliative Medicine, RGCIRC, Niti Bagh, South Delhi spoke on Pain Management & Palliative Care: The New Rising Pillar of Oncology. The Association had also felicitated Dr. Gauri Kapoor with Chikitsa Ratna Award in the said convention.



**CME – IMA PANIPAT**

RGCIRC organized a CME in association with IMA Panipat on Friday, 17<sup>th</sup> March 2023 at Hotel Gold, Panipat, Haryana. Dr. A. K. Dewan, Director – Surgical Oncology, RGCIRC delivered a lecture on What is New in Oncology and Dr. Vineet Talwar, Director – Medical Oncology spoke on Artificial Intelligence (AI) on Oncology.



**12<sup>TH</sup> ACADEMIC LECTURE SERIES OF RGCIRC**

RGCIRC organized a lecture on Saturday, 25<sup>th</sup> Mach 2023 through virtual platform. Dr. Tyler Sexton, Medical Director, Singing River Pediatrics, President of the American College of Hyperbaric Medicine, International Motivational Speaker delivered a lecture on Role of Hyperbaric Oxygen Therapy in Oncology. The lecture was attended by more than 150 staff members of RGCIRC including Directors, Sr. Consultants, Consultants, Attending Consultants, Resident Doctors, Staff Nurses and other staff members.

**CANCER AWARENESS AND SCREENING CAMPS**



## CANCER AWARENESS AND SCREENING CAMPS

Cancer screening camp in association with DAV Educational and Welfare Foundation at Jindal Waste Management Plant, Okhla Industrial Area, Delhi on Tuesday, 3<sup>rd</sup> January 2023.

Cancer screening camp in association with Meri Pahal Foundation at Delhi Police Training Centre, Vikas Puri, Delhi on Wednesday, 4<sup>th</sup> January 2023.

Cancer screening camp in association with Meri Pahal Foundation at Delhi Police Training Centre, Model Town, Delhi on Thursday, 5<sup>th</sup> January 2023.

Cancer screening camp in association with Meri Pahal Foundation at Delhi Police Training Centre, Model Town, Delhi on Friday, 6<sup>th</sup> January 2023.

Cancer screening camp at Pocket C-1 RWA, Vasant Kunj, Delhi on Saturday, 07<sup>th</sup> January 2023.

Cancer screening camp in association Tata Power Delhi Distribution Limited at Sultan Puri, Delhi on Monday, 9<sup>th</sup> January 2023.

Cancer screening camp in association with Can Support and MCD Councilor of Rohini, Delhi at Sector - 16, Rohini, Delhi on Tuesday, 10<sup>th</sup> January 2023.

Cancer screening camp in association with Meri Pahal Foundation at DCP Office, Seelam Pur, Delhi on Tuesday, 10<sup>th</sup> January 2023.

Cancer screening camp in association with Can Support and MCD Councilor of Rohini, Delhi at Sector - 17, Rohini, Delhi on Wednesday, 11<sup>th</sup> January 2023.

Cancer screening camp in association with Can Support NGO & MCD Councillor at Samay Pur Badli Village, Delhi on Friday, 13<sup>th</sup> January 2023.

Cancer awareness talk and screening camp at Jaspal Kaur Public School, Shalimar Bagh, Delhi on Friday, 13<sup>th</sup> January 2023. Dr. Seema Singh delivered a awareness lecture in this camp.

Cancer awareness talks in association with the College's Social & Cultural Aelfare Association at Bhartiya Vidya Peeth University, Paschim Vihar, Delhi on Friday, 13<sup>th</sup> January 2023. Dr. Swarupa Mitra & Dr. Indu Aggarwal were delivered the scientific lecturs in the event.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 14<sup>th</sup> January 2023.

Cancer awareness talk and screening camp at RWA Siddhartha Enclave, Ashram Chowk, New Delhi on Saturday, 14<sup>th</sup> January 2023. Dr. Manish Sharma and Ms. Smriti Upadhyay were delivered awareness talks in the said camp.

Cancer screening camp in association with Shri Sanatan Dharam Mandir Sabha at Shree Sanatan Dharam Mandir, Mansarovar Garden, Delhi on Sunday, 15<sup>th</sup> January 2023.

Cancer screening camp at Jai Ambe Apartment, Mayur Vihar, Phase - 3, New Delhi on Sunday, 15<sup>th</sup> January 2023.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Jahangir Puri, Delhi on Monday, 16<sup>th</sup> January 2023.

Cancer screening camp in association with Khushii NGO at Neemrana, Rajasthan on Wednesday, 18<sup>th</sup> January 2023.

Cancer screening camp in association with Khushii NGO at Bhiwadi, Rajasthan on Thursday, 19<sup>th</sup> January 2023.

Cancer screening camp at C - Block, Raju Park, Sangam Vihar, New Delhi on Thursday, 19<sup>th</sup> January 2023.

Cancer screening camp in association with Tanisa Foundation at Sushant Lok, Gurugram, Haryana on Friday, 20<sup>th</sup> January 2023.

Cancer screening camp at C - Block, Raju Park, Sangam Vihar, New Delhi on Friday, 20<sup>th</sup> January 2023.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Shahbad Dairy, Delhi on Saturday, 21<sup>st</sup> January 2023.

Cancer screening camp at Sushant Estate RWA, Sector - 52, Gurugram, Haryana on Saturday, 20<sup>th</sup> January 2023. Dr. Seema Singh delivered a awareness lecture in this camp.

Cancer screening camp at RWA Pocket B - 10 Vasant Kunj, New Delhi on Sunday, 22<sup>nd</sup> January 2023.

Cancer screening camp in association with Can Support at Swami Sivananda Memorial Institute, Punjabi Bagh, Delhi on Monday, 23<sup>rd</sup> January 2023.

Cancer awareness talk in association with Can Support at Swami Sivananda Memorial Institute, Punjabi Bagh, Delhi on Monday, 23<sup>rd</sup> January 2023. The lecture was delivered by Dr. Indu Aggarwal in the event.

Cancer screening camp at D - Block, Sangam Vihar, New Delhi on Monday, 23<sup>rd</sup> January 2023.

Cancer screening camp in association with Chetanalaya & Can Support NGO at Sundar Nagari, Delhi on Tuesday, 24<sup>th</sup> January 2023.

Cancer screening camp at D - Block, Sangam Vihar, New Delhi on Tuesday, 24<sup>th</sup> January 2023.

Cancer awareness talk in association with Chetanalaya & Can Support NGO at Sundar Nagari, Delhi on Tuesday, 24<sup>th</sup> January 2023. Dr. Indu Aggarwal delivered a awareness lecture in the event.

Cancer screening camp in association with Chetanalaya & Can Support NGO at Kalyan Puri, Delhi on Wednesday, 25<sup>th</sup> January 2023.

Cancer awareness talk in association with Chetanalaya & Can Support NGO at Kalyan Puri, Delhi on Wednesday, 25<sup>th</sup> January 2023. Dr. Harmeet Goel delivered a awareness lecture in the event.

Cancer screening camp in association with Bhiwani Parivar Maitri Sangh at Alipur, Delhi on Thursday, 26<sup>th</sup> January 2023.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Mangol Puri, Delhi on Saturday, 28<sup>th</sup> January 2023.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 28<sup>th</sup> January 2023. Dr. Indu Aggarwal was screened 1 People in the event

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Patrachar Colony, Delhi on Saturday, 28<sup>th</sup> January 2023. Dr. Indu Aggarwal was screened 1 People in the event

Cancer screening camp in association with Rotary Club of Delhi Cama Palace at Indian Air Force, Palam, Delhi on Monday, 30<sup>th</sup> January 2023.

Cancer awareness program in association with Apollo Tyre Foundation at Sanjay Gandhi Transport Nagar, Delhi on Tuesday, 31<sup>st</sup> January 2023 through virtual platform. Dr. Neelam Sachdeva delivered awareness lecture in the event.

Cancer screening camp in association with Delhi Police Welfare Association & Meri Pahal Foundation at DCP Office Special Cell of Delhi Police on Thursday, 2<sup>nd</sup> February 2023.

Cancer awareness talk in association with District CMO, Neemrana and Khushii NGO at Neemrana, Rajasthan on Friday, 3<sup>rd</sup> February 2023. Dr. Arnab Chakraborty delivered awareness lecture in the event.

Cancer screening camp at Pocket B - 2 RWA, Vasant Kunj, New Delhi on Friday, 03<sup>rd</sup> February 2023.

Cancer awareness talk in association with District CMO, Neemrana and Khushii NGO at Neemrana, Rajasthan on Friday, 3<sup>rd</sup> February 2023. Dr. Arnab Chakraborty delivered awareness lecture in the event.

Cancer awareness talk in association with Corporate Mitshibushi Electricals on Friday, 03<sup>rd</sup> February 2023 through virtual platform. Dr. Leena Dadhwal delivered awareness lecture in the said event.

Cancer awareness Talks and skit program on cancer prevention on the occasion of World Cancer Day at Indraprastha Hall, RGCIRC, Rohini, Delhi on Saturday, 4<sup>th</sup> February 2023.

Cancer screening camp in association with DCP Office & Meri Pahal Foundation at Delhi Police DCP Office, Dwarka, Delhi on Monday, 6<sup>th</sup> February 2023.



Cancer screening camp in association Can Support NGO at Atail Village, Sonipat, Haryana on Tuesday, 7<sup>th</sup> February 2023.

Cancer screening camp in association with Neemrana Fort & Manav Sewa NGO at Neemrana Village, Rajasthan on Thursday, 9<sup>th</sup> February 2023.

Cancer awareness talk in association with Corporate Mitsubishi Electricals on Friday, 09<sup>th</sup> February 2023 through virtual platform. Dr. Manish Sharma delivered awareness lecture in the said event.

Cancer screening camp at RWA, West End Colony, Delhi on Friday, 10<sup>th</sup> February 2023.

Cancer screening camp at Saket Judicial Residential Complex, Saket Court, Delhi on Sunday, 12<sup>th</sup> February 2023.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at VT Centre, Sultan Puri, Delhi on Monday, 13<sup>th</sup> February 2023.

Cancer screening camp at Shani Bazar, Sangam Vihar, Delhi on Monday 13<sup>th</sup> February 2023.

Cancer screening camp at Shani Bazar, Sangam Vihar, Delhi on Tuesday, 14<sup>th</sup> February 2023.

Cancer screening camp in association with Lioness Club & Can Support at Giri Nagar, Kalkaji, Delhi on Friday, 17<sup>th</sup> Friday 2023.

Cancer screening camp in association with Park TPA Ltd. at Peera Garhi, Delhi on Saturday, 18<sup>th</sup> February 2023.

Cancer screening camp in association with Mera Parivar, Paschimi Delhi Ekai at Raja Park, Mohan Garden, Delhi on Sunday, 19<sup>th</sup> February 2023.

Cancer screening camp in association with TPDDL at Jahangir Puri, VT Centre, Delhi on Monday, 20<sup>th</sup> February 2023.

Cancer screening camp in association with Delhi Police Welfare at DCP Office, Kingsway Camp, Delhi on Tuesday, 21<sup>st</sup> February 2023.

Cancer screening camp at Deovli, Sangam Vihar, Delhi on Tuesday, 23<sup>rd</sup> February 2023.

Cancer screening camp in association with Rotary Club at Modelama Export Pvt. Ltd., Gurugram, Haryana on Thursday, 23<sup>rd</sup> February 2023.

Cancer screening camp in association with Park TPA Ltd. at Super Milk Pvt. Ltd, Okhla Industrial Area, Delhi on Friday, 24<sup>th</sup> February 2023.

Cancer screening camp in association with TPDDL at Shahbad Dairy, Delhi on Friday, 25<sup>th</sup> February 2023.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at Mangol Puri, Delhi on Monday, 27<sup>th</sup> February 2023.

Cancer screening camp in association with Rotary Club at Air Force Station, Gurugram, Haryana on Tuesday, 28<sup>th</sup> February 2023.

Cancer awareness talk in association Corporate Salviss on Tuesday, 28<sup>th</sup> February 2023 through virtual platform. Dr. Manish Sharma delivered awareness lecture in the said event.

Cancer screening camp in association with Delhi Police Welfare Association at DCP Office, Model Town, Delhi on Wednesday, 1<sup>st</sup> March 2023.

Cancer awareness talk in association with Lioness Club at Slum Area of Surajkund Village, Delhi on Wednesday, 1<sup>st</sup> March 2023. Dr. Harsha Agarwal delivered a awareness lecture in the event.

Cancer awareness talk in association Cultural Team of Collage Campus at DSEU Collage, Rajokari Campus on Thursday, 2<sup>nd</sup> March 2023. Dr. Geetu Arora delivered a awareness lecture in the event.

Cancer screening camp in association with Tata Power Delhi Distribution Limited at VT Centre, Sultan Puri, Delhi on Saturday, 4<sup>th</sup> March 2023.

- Cancer screening camp in association with Can Support at Samalkha Village, Gurugram, Haryana on Monday, 6<sup>th</sup> March 2023.
- Cancer screening camp in association Delhi Police Welfare Association at Ahata Kidara, Delhi on Friday, 10<sup>th</sup> March 2023.
- Cancer screening camp in association with Delhi Police Welfare Association at Jyoti Nagar, Delhi on Saturday, 11<sup>th</sup> March 2023.
- Cancer screening camp in association with Meri Pahal Foundation at Himachal Bhawan, Mandi House, Delhi on Sunday, 12<sup>th</sup> March 2023.
- Cancer screening camp in association with Tata Power Delhi Distribution Limited at VT Centre, Shahbad Dairy, Delhi on Monday, 13<sup>th</sup> March 2023.
- Cancer screening camp in association with Tanisa Foundation, Maanas School and Rotary Club at Gurugram, Haryana on Monday, 13<sup>th</sup> March 2023.
- Cancer screening camp at Air Force Station, Palam, Delhi on Tuesday, 14<sup>th</sup> March 2023.
- Cancer awareness talk in association with Lioness Club at Srinivas Puri, Delhi on Wednesday, 15<sup>th</sup> March 2023. Dr. Indu Aggarwal delivered a awareness lecture in the event.
- Cancer screening camp in association with Can Support NGO at Tuglakabad Extn., Delhi on Thursday, 16<sup>th</sup> March 2023.
- Cancer screening camp in association with TPDDL at Jahangir Puri, VT Centre, Delhi on Monday, 16<sup>th</sup> March 2023.
- Cancer screening camp in association with Delhi Police Family Welfare Association at Shalimar Bagh, Delhi on Friday, 17<sup>th</sup> March 2023.
- Cancer screening camp in association with Delhi Police Family Welfare Association at Pitampura, Delhi on Friday, 18<sup>th</sup> March 2023.
- Cancer screening camp in association with Delhi Police Family Welfare Association at Narela, Delhi on Monday, 20<sup>th</sup> March 2023.
- Cancer screening camp in association with Meri Pahal Foundation and Delhi Police Family Welfare Association at Nanak Pura, Moti Bagh, Delhi on Wednesday, 22<sup>nd</sup> March 2023.
- Cancer screening camp in association with TPDDL at Mangol Puri, VT Centre, Delhi on Thursday, 23<sup>rd</sup> March 2023.
- Cancer screening camp in association with DAV Welfare and Educational Society at Jindal Waste Management Plant, Okhla Industrial Area, Delhi on Saturday, 25<sup>th</sup> March 2023.
- Cancer screening camp in association Rotary Club of Delhi, Madhyam & RWA Vasant Kunj Enclave at Vasant Kunj Enclave, New Delhi on Sunday, 26<sup>th</sup> March 2023 through virtual platform. Dr. Manish Sharma delivered awareness lecture in the said event.
- Cancer screening camp in association with Vaish Aggarwal Samaj at Maharaja Agrasen Bhawan, Vikas Puri, Delhi on Sunday, 26<sup>th</sup> March 2023.
- Cancer screening camp in association with Khushii NGO at NUH District, Haryana on Monday, 27<sup>th</sup> March 2023.
- Cancer screening camp in association with Delhi Police Family Welfare Association at Kingsway Camps, Delhi on Friday, 31<sup>st</sup> March 2023.

THE INDIAN EXPRESS, SATURDAY, FEBRUARY 4, 2023  
**20 EXPRESS ADDA**

# 'Anti-science movement is political but medicine also hasn't conveyed its value to humans'



(From right to left) Oncologist and author Dr Siddhartha Mukherjee in conversation with Devyani Onal, National Features Editor, *The Indian Express* and Anant Goenka, Executive Director, The Express Group



**A**t a recent Adda in Delhi, oncologist, researcher and author Siddhartha Mukherjee spoke on his new book, *The Song of the Cell* (Penguin Allen Lane), on what he means by the new human, Big Pharma, and the anxiety over artificial intelligence

**On why there are no rock star scientists any more**

The simple answer is that these days, rock stars are rock stars and no one else can displace them. So we are left clutching our test tubes. But that said, obviously the status of science has, in some ways, fallen in the eyes of people. Science itself has dug itself into a hole. Its language has become inaccessible and complicated in a way it wasn't before. There was a very provocative article in *Nature* magazine that tried to distinguish between two kinds of ideas in science, one, which they call consolidative, and another, which they call disruptive. Consolidated ideas take vast bodies of knowledge and condense them into something. Disruptive science is quite the opposite. It starts off afresh. You can apply this metric to economics, social sciences, philosophy, architecture, and art, among others. But the nice thing about science is that you can actually quantify it. Their hypothesis is that if science is truly disruptive, then the first mention of that discovery — let's take Einstein's general theory of relativity — is preceded by nothing. It arises *sui generis*. Darwin's theory of evolution arises *sui generis*. In contrast, consolidative science arises out of the consolidation of prior work. The interesting finding is that over time, contrary to our expectations, the number of truly disruptive papers across all the sciences, including some of the social, quantitative social sciences and economics, has actually been decreasing rather than increasing. Why? They advance a

number of hypotheses. The hypothesis that I think is most interesting and most believable, is that science is architecturally organised, in a trunk-and-stem manner. In other words, it looks like a tree, rather than what we would call a fireworks manner, which has a centre and lots of things point out of it. Trunk-and-branch architecture has a central stem, and lots of branches come out of it. Science has a trunk-and-stem kind of quality about it, which is that truly disruptive science arises in a trunk-like quality and then moves into multiple branches. The idea is that those trunks are quite rare and in fact, are decreasing.

**On anxiety over artificial intelligence**

I'm not an expert in artificial intelligence but I engage with it quite a lot. I think there are two general phenomena here. One is the so-called AI and the other is called general AI. There's not a lot of anxiety about artificial intelligence, *per se*. It's the general AI that causes a lot of anxiety. Although, I personally think that both should cause anxiety. For instance, the use of AI in surveillance of citizens is obviously a cause of anxiety. Surveillance of political dissidents is a cause of anxiety. The use of AI in warfare, particularly the combination of robotics and AI in warfare, is a cause of anxiety for me and, legitimately, for the general public. There are other aspects of AI which I think are not only benign, but very useful. For instance, the use of AI in deciphering patterns in medicine — who's going to get

**VOICE BANK**



**DR AMBRISH MITHAL**  
 CHAIRMAN AND HEAD OF ENDOCRINOLOGY AND DIABETES, MAX HEALTHCARE

**There's a change in the way diabetes has become more Western in its profile. It's the same with cancer. Is it lifestyle, pollution or longer lifespan?**

I think it's multifactorial. The extension of lifespan certainly has something to do with it. But it's not the only thing. So, it's not the change in the number of cancers, it's a change in the pie chart of the kinds of cancers and the age at which the cancers are presenting. There's a changing epidemiology in India. Lung cancer was virtually unheard of 60-70 years ago. In women, it was absolutely unheard of. So the biggest driver clearly is the increase in lifespan. But broader changes are also clearly evident.



**DR SUDHIR RAWAL**  
 MEDICAL DIRECTOR AND CHIEF OF URO-GYNAE SURGICAL ONCOLOGY, RAJIV GANDHI CANCER INSTITUTE AND RESEARCH CENTRE

**In the late '90s and early 2000s, there was a lot of talk about organ cloning and gene therapy. The latter, one thought, could probably cure cancer. Now we do not hear anything.**

The i-cell therapies are gene therapies. There are no ifs, ands, or buts about that, and they are curative. As for cloning, the scientific community has worked on making animal models, including pigs, which can be xeno-transplanted into humans. It is going well since the development of new tools and will probably be in patients within the next year or so. So we are there.



**SAMARA MAHINDRA**  
 FOUNDER AND CEO, CARER

**What is your take on nutrition and other non-clinical therapies for oncology?**

My own intersection with nutrition is much less integrated. Our intersection is very reductive and non-holistic. I am not an expert in nutrition but all I can tell you is that there is a well-established link between obesity and cancer. And we absolutely know that an integrative approach to curbing obesity, which combines both medical and non-medical approaches, is helpful.



**DR SUNIL KALA**  
 FOUNDER TRUSTEE, FOSTIMA BUSINESS SCHOOL

**One has been reading a lot about plant-based food, intermittent fasting and autophagy as prevention and cure for cancer. Are they effective?**

You can become quite obese eating plant-based foods. But intermittent fasting is a different story. If you're going to hold the standard that drugs that work in animals don't tend to work in humans, you should also hold the standard that intermittent fasting that tends to work in animals may or may not work in humans.



**Dr Harsh Mahajan, Founder and Chief Radiologist, Mahajan Imaging**



**Dr Suranjit Chatterjee, Senior Consultant, Internal Medicine, Indraprastha Apollo Hospital**



**Nasim Ahmad Zaidi, Former Chief Election Commissioner of India**



**Dr Chandrakant Lahariya, Founding Director, Foundation for People Centric Health Systems**



**Dr Kush Parmar, physician and co-founder, Immunecel Therapeutics Private Ltd & Managing Partner, SAM Ventures**



**Poonam Muttreja, Executive Director, Population Foundation of India**



**Rakesh Chopra, Chairman, Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) (right) with Dr Sudhir Rawal, Medical Director and Chief of Uro-Gynaecological Oncology (RGCIRC)**

ADVERTORIAL

# Revolutionizing Healthcare

## Robotic Surgeries Take Center Stage in India's Medical Advancements



Rajiv Gandhi Cancer Institute and Research Centre

In pace with its rising stature in the comity of nations, India has made great advancements in introduction of medical technologies, especially in the field of surgery. From the introduction of keyhole surgeries like laparoscopy to computer-aided surgeries, there are several ways in which medical procedures have witnessed an advancement. But it is the introduction of surgical robotic systems that has revolutionized the scenario. India is making a lot of progress in robotic surgery, and several leading hospitals and medical centres are now adopting this technology.

Delhi based Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC) has been the pioneer in the country in usage of robotic assisted surgeries. In a conversation with us, Dr. Saahir Rawal, Medical Director and Chief of Uro-Gynaec Surgical Oncology at RGCIRC, the man who has the distinction of having undertaken the largest and most complex surgeries in the country, talked about the use of robots in cancer operations.

Here are some excerpts.

### What are the advantages of robotic surgery over traditional surgery?

Robotic surgery has unique advantages over traditional open surgeries as incision is very small, it causes less blood loss, less pain, lower incidence of wound infection. These factors translate into smooth, pain free post operative patient recovery and early discharge from the hospital.

Aside from this, difficult surgeries can be done faster and with less blood loss. Also, because robots only make small cuts in the skin, there isn't much scarring after surgeries done with robots.

### How do robotic - assisted surgeries compare with earlier techniques like laparoscopic surgeries?

For years, laparoscopic surgery was considered as a safe and feasible option for certain cancers, including colon, cervical, endometrial and oesophageal. However, it came with its limitations - a two - dimensional image, dependence on a trained assistant to hold the camera and instruments with a limited range of motion.

With a robotic system, the surgeon can operate sitting at the console with the OR, using hand and foot controls, with 3D high - definition visualisation of the anatomy, providing a clear point of view without the physical trauma of large incisions needed for an open surgical procedure. Robot's thin robotic arms, which hold a camera and surgical instruments, are inserted into very small incisions that are one to two centimeters long. The system translates the hand, wrist and finger movements of the surgeon into precise, real-time and motion-filtered movement of the surgical instruments positioned inside the patient's body, which can bend and rotate far greater than either traditional laparoscopic instruments or the human wrist.

### What are the challenges in wider adoption of robotic systems in healthcare?

The cost of robotic surgery in India is still high, but it is gradually becoming more affordable.

Another major challenging factor in faster adoption of technologies is the learning curve that one needs to grasp. Doctors can easily perform complicated surgeries using robots and this technology has also found abundant usage in the oncology sector, but the learning curve is steep when it comes to integrating robotics into laparoscopic or other forms of keyhole surgeries. Since there are many organs involved that doctors need to work on by maneuvering the camera and the surgical instruments without any open dissection, surgeons and the surgical staff need to be properly trained in this field.



Dr. Saahir Rawal  
Medical Director and Chief of Uro-Gynaec Surgical Oncology, Rajiv Gandhi Cancer Institute and Research Centre, New Delhi

### How have robots changed Oncological surgeries in India?

Robots can now be used for cancer surgeries in a variety of anatomical regions including the Oral cavity, the Oesophagus, the Pancreas, and other complicated organs and organ systems through minor incisions. Robotic surgery has revolutionized the world of minimally invasive surgery for cancers of the genito - urinary tract (Urology), gynaecological cancers, GI cancer, head & neck and lung cancer.

### How can the success rates of robotic surgeries be enhanced?

When new medical technologies are introduced, doctors need to learn and practice on the system to become comfortable using it. Surgical robotic systems in general are quite safe, otherwise the regulatory approvals will not be received for a particular robotic system. However, as stated earlier, it depends on the skill level of the entire surgical team. When it comes to open surgeries, the success rate usually depends on how good the surgeon is and how the treatment is done.

### There is a lot of apprehension amongst patients about being operated by robots instead of surgeons. How far is this true?

Yes there is a lot of misplaced skepticism about robots or machines undertaking surgery instead of surgeons. In reality the robot follows the directions of the surgeon only.



Dr. Saahir Rawal (right) operating console, RGCIRC

Ultimately it is the surgeon that is leveraging the special features of the machine but with full control over it.

### How is RGCIRC ahead in adopting robotic surgery for cancer patients?

RGCIRC acquired the first robot in 2011 and ever since more than 5000 robotic surgeries have been undertaken. RGCIRC has several firsts to its credit being the pioneer in usage of robotic surgery in India and its first rank at the top in the world in respect of certain surgeries including Prostatectomy (PROLIND) and RAVEL. In the last few years, RGCIRC has been intensely involved in development of an indigenous surgical robot post clinical validation. With constant feedback from RGCIRC the idea of an affordable and user friendly robot is a reality now. With the vast volumes of cancer patients and the expertise we have at RGCIRC, Indian robotic programme will be further solidified.

### Being a pioneer in using robotic surgeries, how is RGCIRC taking the lead in wider adoption of healthcare technologies including robots?

Realising the Atma Nirbhar Bharat vision for developing cutting edge technologies and innovation reflecting Indian realities, RGCIRC has been actively collaborating for developing the first robot in India Surgical Robot (SSR Manna) that will bring down the cost of robotic surgery to one that making it far more affordable and accessible. Ever since its launch, RGCIRC has been instrumental in validating the effectiveness and feasibility of indigenous robotic systems. RGCIRC has successfully completed preliminary clinical trials for indigenously developed surgical robots.

Incorporating the feedback from RGCIRC, refined version of the

surgical robot has been developed after doing some modifications and is being regularly used at RGCIRC in all complicated surgeries.

Already RGCIRC has undertaken more than 10 surgeries on made in India robots and on an average 3 surgeries are being performed every week. Large number of leading hospitals have been visiting RGCIRC to witness India's first surgical robot in action at one of the high - volume robotic set-up.

So far, higher expense has been a deterrent in wider application of robotics in cancer surgeries. India is greatly encouraged when it comes to having access to the safer procedures offered by robotic surgeries. However, with the launch of made in India robot, the technology is poised to become more affordable and accessible. The use of robots in medium size hospitals in even tier 2 and 3 cities could soon become a reality.

### What is your outlook on use of robots in healthcare?

While India has more than 100 surgical robotic systems, the need is much enlarged and more robots are likely to be installed in the upcoming years. With the increasing demand for minimally invasive surgical procedures and the continued advancement of robotic technology, the use of robotics in surgery is expected to increase significantly in India in the future.

So far, I have trained hundreds of surgeons to utilise robotic-assisted surgical (RAS) systems and have been impressed by how quickly younger surgeons adapt to RAS. As Indian surgeons increasingly adopt the practice, educate patients across the country and share their personal experiences with colleagues, we will likely see access to, and the impact of, RAS increase in the future.



Dr. Saahir Rawal at the console, RGCIRC

**Dailyworld**

Chandigarh | 22 March 2023

## NEW TECHNOLOGIES TO REVOLUTIONIZE HEALTHCARE

PANIPAT For a country like India which is deficient in quality healthcare, technology adoption is the way forward to ensure quality healthcare for all. At the same time, new therapies are holding much promise for treatment of even advanced stage cancers. These therapies are not only making cancer cure easier and faster but improving the quality of life while leaving the least detrimental effect on the body. This was stated by Dr A K Dewan and Dr Vineet Talwar, two eminent specialists from Rajiv Gandhi Cancer Institute and Research Centre (RGCI) New Delhi in a conclave of doctors organized by Indian Medical Association (IMA) Panipat. The conclave was presided by Dr Girish Arora, President IMA Panipat. Dr A K Dewan, Director - Surgical Oncology at RGCI shared insights on advancements in treatment of cancer. Targetted and immunotherapies have emerged as a boon for treatment of cancer with good success rates. These therapies are given in the form of injections or tablets." /990

**The Statesman**

New Delhi | 5 March 2023

## THUMBNAILS

### 'Role of pediatricians vital in identifying early signs of childhood cancer':

Childhood cancer can be cured with highly positive outcomes however for that awareness amongst general physicians and pediatricians is vital to suspect red flags early, said Dr Gauri Kapoor, organising chairperson of RGCON 2023, an annual conference of Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC), Delhi.

bright  
**Punjab Express**

Chandigarh | 21 March 2023

## New technologies to revolutionize healthcare including cancer care: RGCI

PANIPAT: For a country like India which is deficient in quality healthcare, technology adoption is the way forward to ensure quality healthcare for all. These therapies are not only making cancer cure easier and faster but improving the quality of life while leaving the least detrimental effect on the body. Dr A K Dewan and Dr Vineet Talwar, two eminent specialists from Rajiv Gandhi Cancer Institute and Research Centre (RGCI) New Delhi in a conclave of doctors organized by Indian Medical Association (IMA) Panipat. **BPE**

## 'Paediatricians vital in identifying early signs of childhood cancer'

Childhood cancer can be cured if a awareness is generated among general physicians and paediatricians to spot red flags early, said Dr Gauri Kapoor, the organising chairperson of RGCON 2023 — the annual conference of Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC), Delhi — held recently.

Paediatricians and general physicians took part in a session about early detection of cancer. "Childhood cancer is surely curable if diagnosed early and treated at specialised childhood cancer care centres," added Dr Kapoor, director, Department of Paediatric Haematology, Oncology and BMT, RGCI.

Chief guest Dr Vaskar Saha, senior consultant in Paediatric Oncology, Tata Medical Center Kolkata, asked all participants to take up the challenge of bringing India at the forefront of providing care for children with cancer. To that effect, he said collaboration of all stakeholders is a must.

"Addressing mental health issues in childhood cancer



(L-R) Dr Sodhir Rawal, Dr Gauri Kapoor, Dr Sandeep Jain, Dr Amita Trehan, Dr Vaskar Saha, Rakesh Chopra, Dr Jaskaran Sethi and DS Negl

PHOTO: HTCS

cases is as important as advancements in diagnostic and therapeutic spaces, since isolation and stress of the pandemic has taken a toll on their mental health," said DS Negl, CEO, RGCI.

It is tragic to lose a large number of children to cancer. "Our experience at RGCIRC shows that with contemporary treatment, we can expect 80-

90% to survive," said Rakesh Chopra, chairman, RGCI.

Dr Sudhir Rawal, medical director, RGCI, said that apart from being a hospital, RGCI has evolved as a private academic institute and is well acclaimed for its academic work and basic research.

Paediatric oncology is at the cusp of transformational change in India. "We have our

very own Indian Paediatric Oncology Group, the INPHOG, wherein we hope to fund clinical trials and address issues relevant to our country," added Dr Kapoor.

HTC

*Disclaimer: The veracity of any health claim made in the above article is the responsibility of the concerned doctor/hospital*

## YUGMARG

Chandigarh | 21 March 2023

### New technologies to revolutionize healthcare including cancer care - RGCI

**P**ANIPAT: For a country like India which is deficient in quality healthcare, technology adoption is the way forward to ensure quality healthcare for all. At the same time, new therapies are holding much promise for treatment of even advanced stage cancers. These therapies are not only making cancer cure easier and faster but improving the quality of life while leaving the least detrimental effect on the body. This was stated by Dr A K Dewan and Dr Vineel Talwar, two eminent specialists from Rajiv Gandhi Cancer Institute and Research Centre (RGCI) New Delhi in a conclave of doctors organized by Indian Medical Association (IMA) Panipat. The conclave was presided by Dr. Girish Arora, President IMA Panipat. Speaking on What is New in Oncology, Dr A K Dewan, Director - Surgical Oncology at RGCI shared insights on advancements in treatment of cancer. Targeted and immunotherapies have emerged as a boon for treatment of cancer with good success rates. These therapies are given in the form of injections or tablets.

The radiation related toxicity/ morbidity which used to be very high earlier has come down since a selective high dose of radiation can be given to specific areas avoiding toxicity to others. With the help of new techniques such as IMRT, IGRT and APBI we can hit the target (tumor) precisely and at the same time save the normal surrounding tissues. In terms of surgery, Robotic surgery has revolutionized the world of minimally invasive surgery. The advantage in robotic surgery is the greater precision and dexterity as it offers, enhanced visualisation and the ability to reach smaller inaccessible areas in the body.



New Delhi | 4 March 2023

## 'Role of pediatricians vital in identifying early signs of childhood cancer'



**MOHAMMED IMTIAZ**

New Delhi, March 3: Childhood cancer can be cured with highly positive outcomes however for that awareness amongst general physicians and pediatricians is vital to suspect red flags early, said Dr Gauri Kapoor, Organising Chairperson of the just concluded RGCON 2023,

the annual conference of Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC), Delhi.

Chief guest Dr Vaskar Saha Senior Consultant in Pediatric Oncology, Tata Medical Center Kolkata, asked all the participants to take up the challenge of bringing India at the forefront in providing care for children with cancer.

## TOP STORY

New Delhi | 5 March 2023

## 'Pediatricians' role vital in identifying early signs of childhood cancer'

New Delhi:

Childhood cancer can be cured with highly positive outcomes however for that awareness amongst general physicians and pediatricians is vital to suspect red flags early, said Dr Gauri Kapoor, Organising Chairperson of the just concluded RGCON 2023, the annual conference of Rajiv Gandhi Cancer Institute & Research Centre (RGCIRC), Delhi.

A highlight of RGCON 2023 was a workshop in which a large number of pediatricians and general physicians underwent a session on when to suspect early signs of cancer and necessary tests to be carried out since symptoms of childhood cancer often mimic those of general childhood diseases.

It is important to cure childhood cancer since the number of life years saved are very high, added Dr Kapoor who is Director - Department of Pediatric Hematology, Oncology & BMT at RGCI.

Chief guest Dr Vaskar Saha Senior Consultant in Pediatric Oncology, Tata Medical Center Kolkata, who has worked extensively in bringing the advancements in childhood cancer care

far and wide in the country, asked all the participants to take up the challenge of bringing India at the forefront in providing care for children with cancer.

D.S. Negi, CEO of RGCI said that addressing mental health issues amongst childhood cancer was as important as advancements in diagnostic and therapeutic space. The Covid 19 pandemic has had a significant impact on children with cancer. Many children have had to delay or miss treatments due to the pandemic and the isolation and stress of the pandemic have taken a toll on their mental health.

Rakesh Chopra, Chairman of the Governing Council of RGCI said, "... Each year we have 400000 children who develop cancer globally out of which 90% reside in Low and Middle Income countries where treatment is often unavailable or unaffordable as a result of which only 30% survive. Our experience at RGCIRC shows that with contemporary treatment we can expect 80-90% to survive."

# THE CITIZEN TIMES

New Delhi | 4 March 2023

## Role of pediatricians vital in identifying early signs of childhood cancer: Dr Gauri Kapoor

Delhi: Childhood cancer can be cured with highly positive outcomes however for that awareness amongst general physicians and pediatricians is vital to suspect red flags early, said Dr Gauri Kapoor, Organising Chairperson of the just concluded RGCON 2023, the annual conference of Rajiv Gandhi Cancer Institute & Research Centre (RGCI), Delhi.

A highlight of RGCON 2023 was a workshop in which a large number of pediatricians and general physicians underwent a session on when to suspect early signs of cancer and necessary tests to be carried out since symptoms of childhood cancer often mimic those of general childhood diseases,



There is a need to create mega awareness that childhood cancer is curable if diagnosed early and treated at specialized childhood cancer care centres. It is important to cure childhood cancer since the number of life years saved are very high, added Dr Kapoor who is Director – Department of Pediatric Hematology, Oncology & BMT at RGCI.

Chief guest Dr Vaskar Saha

Senior Consultant in Pediatric Oncology, Tata Medical Center Kolkata, who has worked extensively in bringing the advancements in childhood cancer care far and wide in the country, asked all the participants to take up the challenge of bringing India at the forefront in providing care for children with cancer. To attain that exalted objective, collaboration of all stakeholders is a must.

He also advocated for Right to Health as a fundamental right and to bring equitable care for all children with cancer in the country.

Mr D S Negi, CEO of RGCI said addressing mental health issues amongst childhood cancer was as important as advancements in diagnostic and therapeutic space. The Covid 19 pandemic has had a significant impact on children with cancer. Many children have had to delay or miss treatments due to the pandemic and the isolation and stress of the pandemic have taken a toll on their mental health.

Mr Rakesh Chopra, Chairman of the Governing Council of RGCI said by losing a child to cancer, we might be depriving

the world of a great leader, a philosopher, a doctor, scientist or an artist. Studies show survivors of childhood cancer show great empathy and approach life differently. Each year we have 40000 children who develop cancer globally out of which 90% reside in Low and Middle Income countries where treatment is often unavailable or unaffordable as a result of which only 30% survive. Our experience at RGCI shows that with contemporary treatment we can expect 80-90% to survive.

Dr Sudhir Basal, Medical Director RGCI referred to the pioneering role played by RGCI pediatric oncology department in the country with time tested recognition.

## Business Standard

# RGCON 2023 puts the limelight on childhood cancers

February 24, 2023 23:40 IST | ANI Press Release

The 21st edition of RGCON, one of the largest annual international conferences on cancer in the country, will be held from Feb 24-26, 2023 at New Delhi. The theme of this year's conference is "Caring Cancer in Children and Adolescents". With 80% of the children with cancer living in low and medium income countries, RGCON 2023 intends to set the agenda for managing childhood cancer in the country. Over 200 national faculty from all leading hospitals such as TMH Mumbai, TMC Kolkata, AIIMS, Delhi, PGI Chandigarh, etc will share their knowledge and expertise. Besides 12 international faculty from eminent cancer care institutes in US, UK, Australia and Canada will be participating for showcasing new therapies, international practices and success stories.

"As one of the largest international meetings on the subject, RGCON 2023 aims at providing the latest updates on various aspects of childhood cancer including hematological malignancies, solid tumors, pain and palliation, survivorship and late effects," said Dr. Gauri Kapoor, Organising Chairperson of RGCON 2023 and Director Pediatric Hematology & Oncology at Rajiv Gandhi Cancer Institute & Research Centre (RGCI) Delhi.

The participants are not only the specialists practicing Pediatric Hematology-Oncology but also those in Surgical radiotherapy, radiology and pathology. RGCON 2023 will have 7 workshops covering different aspects of childhood cancer and thus emphasizing the importance of multidisciplinary care in management of the disease.

Unlike cancer in adults, childhood cancers have high cure rates. In the last few decades tremendous advances have taken place in this field and many childhood cancers are now curable to the tune of 70-80%. The high cure rates have become possible not just by development of new drugs but by development of specially designed protocols, and development of better antibiotics, antifungal drugs, availability of blood components and making of medical and nursing personnel.

"It is estimated that in India every year about 50,000 new cases of childhood cancer are diagnosed but a very small number receive proper treatment. This is largely because even today, there is a lack of awareness among the general public and physicians about pediatric cancers. Hence there is a tendency of denial that delays diagnosis and



Dr Gauri Kapoor

patients are usually brought to oncology centers with very advanced disease. In India much higher cure rates are possible if children with this condition are diagnosed early by their local physicians and treated at comprehensive cancer centers like RGCI. A large number of General Physicians and Pediatricians working across the country, therefore, will also be a part of the conference," added Dr Kapoor.

The World Health Organization (WHO) Global Initiative for Childhood Cancer aims to improve outcomes for children with cancer around the world. The target of the initiative is to improve survival from childhood cancer to at least 60% by 2030 and to reduce the suffering of all children with cancer. More so because access to care is very heterogeneous especially in Low and Middle Income Countries (LMIC) like India where nearly 20% of the World's childhood cancer cases reside. The Government of India is also getting involved in this initiative and it is hoped that the future for our pediatric cancer patients is set to improve.

[https://www.business-standard.com/press-releases-articles-416rgcon-2023-puts-the-limelight-on-childhood-cancers-12302240494\\_1.html](https://www.business-standard.com/press-releases-articles-416rgcon-2023-puts-the-limelight-on-childhood-cancers-12302240494_1.html)



# ThePrint

## RGCON 2023 puts the limelight on childhood cancers

24 February, 2023 12:14 pm IST



Dr Gauri Kapoor

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<https://theprint.in/ani-press-releases/rgcon-2023-puts-the-limelight-on-childhood-cancers/1395482/>



# दैनिक जागरण

Dainik Jagran | New Delhi | 24 Feb 2023



Panchjanya | Faridabad | 22 Feb 2023

## बच्चों में होने वाले 80 प्रतिशत कैंसर का इलाज संभव : डा. गौरी कपूर

जागरण संवाददाता, बाहरी दिल्ली : देश में कैंसर को लेकर वार्षिक अंतरराष्ट्रीय सम्मेलन का आयोजन 24 से 26 फरवरी को दिल्ली में आयोजित होगा। इस वर्ष काग्रेस की थीम 'बच्चों व किशोरों में कैंसर का इलाज' है।



डा. गौरी कपूर

असजीवना-2023 नामक इस सम्मेलन की आर्गनाइजिंग चेयरपर्सन व एवं राष्ट्रीय गांधी कैंसर इंस्टीट्यूट फॉर रिसर्च सेंटर (आरजीसीआईआरसी, रोहिणी) की डायरेक्टर डा. गौरी कपूर ने बताया कि 'आसजीवना-2023 का लक्ष्य बच्चों में होने वाले कैंसर

के विविध पहलुओं के नवीनतम अपडेट को साझा करना है। उन्होंने बतौर बच्चों के कैंसर विशेषज्ञ के रूप में कहा कि इस सम्मेलन में विभिन्न प्रकार के कैंसर विशेषज्ञ होंगे और इसमें सर्जिकल, रेडियोथेरेपी, रेडियोलाजी और पैथोलॉजी के विशेषज्ञ भी शामिल होंगे। बच्चों में होने वाले कैंसर के विभिन्न पहलुओं को समेटते हुए सम्मेलन में सात कार्यशालाएं होंगी। इनमें बीमारी के प्रबंधन में मल्टीडिसिप्लिनरी केयर के महत्व पर जोर दिया जाएगा।

डा. गौरी ने बताया कि बयस्कों की तुलना में बच्चों में होने वाले कैंसर में इलाज की संभावना अधिक होती है। कुछ दशकों में इस क्षेत्र में व्यापक तरक्की हुई है।

## बच्चों के 70 से 80 प्रतिशत कैंसर का इलाज संभव

आरजीकोन 2023 में बच्चों में होने वाले कैंसर को लेकर होगा विमर्श

साप्ताहिक समाचार सेवा | नई दिल्ली



संभव होगा। अमेरिका, ब्रिटेन, ऑस्ट्रेलिया और कनाडा के अग्रणी कैंसर केयर अस्पतालों के 12 अंतरराष्ट्रीय स्तर के चिकित्सक भी इस दौरान नई धैर्यी व अपने अनुभवों के बारे में बताएंगे।

आरजीकोन 2023 की ऑनलाइन वेबसाइटें एवं राष्ट्रीय गांधी कैंसर इंस्टीट्यूट फॉर रिसर्च सेंटर (आरजीसीआईआरसी), दिल्ली की डायरेक्टर पंडितप्रियंका हेमेटोलॉजी एवं लीकोलॉजी की गौरी कपूर ने कहा, 'आरजीकोन 2023 का लक्ष्य बच्चों में होने वाले कैंसर के विभिन्न पहलुओं के नवीनतम अपडेट को साझा करना है।' आरजीकोन में हिस्सा लेने वाले व

केवल पंडितप्रियंका हेमेटोलॉजी-लीकोलॉजी के विशेषज्ञ होंगे, वहीं इसमें सर्जिकल, रेडियोथेरेपी, रेडियोलाजी और पैथोलॉजी के विशेषज्ञ भी शामिल होंगे। बच्चों में होने वाले कैंसर के विभिन्न पहलुओं को समेटते हुए आरजीकोन 2023 में 7 कार्यशालाएं होंगी। इनमें बीमारी के प्रबंधन में मल्टीडिसिप्लिनरी केयर के महत्व पर जोर दिया जाएगा।

अपनों में उतार बच्चों में होने वाले कैंसर में इलाज की संभावना ज्यादा होती है। पिछले कुछ दशकों में इस क्षेत्र में व्यापक तरक्की हुई है और आज की छवि में बच्चों में होने वाले कैंसर के 70 से 80 प्रतिशत सम्मले इलाज योग्य हैं। इलाज की संभावना केवल नई दवाओं के कारण ही नहीं बढ़ी है, बल्कि विशेषज्ञों पर बेहतर प्रोटेकोल, बेहतर एंटीबायोटिक्स, एंटी फंगल दवाओं का विकास, ब्लड कंपोनेंट की उपलब्धता और मेडिकल एवं नर्सिंग से जुड़े लोगों के प्रशिक्षण से भी यह संभव हुआ है।

# राष्ट्रीय सहारा

Rashtriya Sahara | New Delhi | 22 Feb 2023

## बच्चों के कैंसर के 80% मामले इलाज योग्य

■ नई दिल्ली (एसएनबी)।

बच्चों में होने वाले कैंसर में इलाज की संभावना ज्यादा होती है। पिछले कुछ दशकों में इस क्षेत्र में व्यापक तरक्की हुई है और आज बच्चों में होने वाले कैंसर के 70 से 80 प्रतिशत मामले इलाज योग्य हैं। इलाज की संभावना केवल नई दवाओं के कारण ही नहीं बढ़ी है बल्कि विशेषज्ञों पर बेहतर प्रोटेकोल, बेहतर एंटीबायोटिक्स, एंटी फंगल दवाओं का विकास, ब्लड कंपोनेंट की उपलब्धता और मेडिकल एवं नर्सिंग से जुड़े लोगों के प्रशिक्षण से भी यह संभव हुआ है।

यह जानकारी अंतरराष्ट्रीय सम्मेलन 2023 की आर्गनाइजिंग चेयरपर्सन एवं राष्ट्रीय गांधी कैंसर इंस्टीट्यूट फॉर रिसर्च सेंटर (आरजीसीआईआरसी)

दिल्ली की डायरेक्टर पंडितप्रियंका हेमेटोलॉजी एवं लीकोलॉजी की डा. गौरी कपूर ने दी। उन्होंने कहा, 'एक अनुमान के मुताबिक, भारत में हर साल बच्चों में कैंसर के करीब 50,000 नए मामले सामने आते हैं, लेकिन बहुत कम को ही पर्याप्त



■ देश में हर साल बच्चों में कैंसर के 50,000 नए मामले सामने आते हैं

इलाज मिल पाता है। इसकी बड़ी वजह लोगों एवं डॉक्टरों के बीच बच्चों में होने वाले कैंसर को लेकर जागरूकता की कमी है।

इसके प्रति जागरूकता लाने के लिए देश की सबसे बड़ी अंतरराष्ट्रीय काग्रेस - अंतरराष्ट्रीय के 21वें संस्करण का आयोजन 24 से 26 फरवरी, 2023 को नई दिल्ली में होगा। इस साल काग्रेस की थीम 'बच्चों एवं किशोरों में कैंसर का इलाज' है।

दुनियाभर में कैंसर पंडित 80 प्रतिशत बच्चे निम्न एवं मध्यम आय वाले देशों में है। इसे ध्यान में रखते हुए आरजीकोन का लक्ष्य देश में बच्चों में होने वाले कैंसर के बेहतर प्रबंधन को बढ़ावा देना है। टैंगरएच मुंबई, टीएमसी कोलकाता, एम्स दिल्ली, पीबीआई इंडियन इंस्टीट्यूट ऑफ़ नैसो सर्जी आजी आजी अस्पतालों के 200 से ज्यादा विशेषज्ञ इस दौरान अपना ज्ञान साझा करेंगे। अमेरिका, ब्रिटेन, ऑस्ट्रेलिया और कनाडा के अग्रणी कैंसर केयर अस्पतालों के 12 अंतरराष्ट्रीय स्तर के चिकित्सक भी इस दौरान नई धैर्यी व अपने अनुभवों के बारे में बताएंगे।

आरजीकोन में हिस्सा लेने वाले व केवल पंडितप्रियंका हेमेटोलॉजी-लेकोलॉजी के विशेषज्ञ होंगे बल्कि इसमें सर्जिकल, रेडियोथेरेपी, रेडियोलाजी और पैथोलॉजी के विशेषज्ञ भी शामिल होंगे। बच्चों में होने वाले कैंसर के विभिन्न पहलुओं को समेटते हुए आरजीकोन 2023 में 7 कार्यशालाएं होंगी। इनमें बीमारी के प्रबंधन में मल्टीडिसिप्लिनरी केयर के महत्व पर जोर दिया जाएगा।



## कैंसर के इलाज पर मंथन होगा

नई दिल्ली। आरजीकॉन के 21वें संस्करण का आयोजन 24 से 26 फरवरी, 2023 को नई दिल्ली में होगा। इस साल कॉन्फ्रेंस की थीम बच्चों एवं किशोरों में कैंसर का इलाज है। दुनियाभर में कैंसर पीड़ित 80 प्रतिशत बच्चे निम्न एवं मध्यम आय वाले देशों में हैं। इसे ध्यान में रखते हुए आरजीकॉन का लक्ष्य देश में बच्चों में होने वाले कैंसर के बेहतर प्रबंधन को बढ़ावा देना है। टीएमएच मुंबई, टीएमसी कोलकाता, एम्स दिल्ली, पीजीआई चंडीगढ़ आदि जैसे सभी अग्रणी अस्पतालों के 200 से ज्यादा विशेषज्ञ इस दौरान अपना ज्ञान साझा करेंगे।



Pioneer | New Delhi | 4 March 2023

## बच्चों में कैंसर के शुरुआती लक्षणों को पहचानने में पीडियाट्रिशियन की भूमिका महत्वपूर्ण: डॉ. गौरी कपूर

भास्कर समाचार सेवा | दिल्ली

राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआईआरसी), दिल्ली के वार्षिक सम्मेलन आरजीकॉन 2023 को अध्यक्ष अश्वथ डॉ. गौरी कपूर ने कहा कि बच्चों में कैंसर का इलाज बनने तक संभव होता है। हालांकि इसके लिए जनरल फिजिशियन और पीडियाट्रिशियन के बीच जागरूकता आवश्यक है। आरजीकॉन 2023 में एक कार्यशाला भी उपस्थित लोगों के लिए आकर्षण का केंद्र रही, जिसमें बड़ी संख्या में पीडियाट्रिशियन और जनरल फिजिशियन के लिए बच्चों में कैंसर के शुरुआती लक्षणों को पहचानने और आवश्यक जांच करने के बारे में जागरूक करने के लिए सत्र आयोजित किया गया।

आरजीसीआई में चालू चिकित्सा हेमेटोलॉजी, ऑन्कोलॉजी एवं बीएमटी विभाग की डॉक्टर डॉ. कपूर ने कहा, इस बारे में जागरूकता पैदा करने की आवश्यकता है कि बच्चों में होने वाले कैंसर का इलाज किया जा सकता है यदि समय पर जांच हो जाए और स्पेशलाइज्ड चइलड्रुड कैंसर केयर सेंटर में इलाज किया जाए। टटा मेडिकल सेंटर कोलकाता के पीडियाट्रिक ऑन्कोलॉजी में सोनियर कंसल्टेंट डॉ. वास्कर साहा ने सभी प्रतिभागियों से कैंसर पीड़ित बच्चों के इलाज के मामले में भारत की सबसे आगे लाने की चुनौती स्वीकारने की अपील की। इस उद्देश्य को प्राप्त करने के लिए सभी संबंधित पक्षों का सहयोग आवश्यक है। उन्होंने स्वास्थ्य के अधिकार को एक मौलिक अधिकार के रूप में स्वीकारने और देश में कैंसर से पीड़ित सभी बच्चों के लिए समान देखभाल की व्यवस्था करने की भी अपील की।



सभी संबंधित पक्षों का सहयोग आवश्यक है। उन्होंने स्वास्थ्य के अधिकार को एक मौलिक अधिकार के रूप में स्वीकारने और देश में कैंसर से पीड़ित सभी बच्चों के लिए समान देखभाल की व्यवस्था करने की भी अपील की।

आरजीसीआई के सीईओ डॉ.एस. नेनी ने कहा कि बच्चों में कैंसर को जांच एवं इलाज की तरह ही उनके मानसिक स्वास्थ्य का ध्यान रखना भी जान ही महत्वपूर्ण है। कोविड-19 महामारी के कारण कई बच्चों के इलाज में देरी हुई है जो कि इलाज से जुक्त गए हैं। महामारी के कारण आइसोलेशन और लॉक डाउन ने बच्चों के मानसिक स्वास्थ्य पर भी दुष्प्रभाव डाले हैं। आरजीसीआई के अध्यक्ष रविशंकर चौधरी ने कहा कि अल्पवयों में पाया जाता है कि बचपन में कैंसर का सामना कर चुके लोगों में बहुत संवेदनशीलता होती है और वे जीवन को अलग तरीके से देखते हैं। इस साल दुनियाभर में कैंसर से पीड़ित 4 करोड़ बच्चों के मामले सामने आते हैं, जिनमें से 90 प्रतिशत मामले निम्न और मध्यम आय वाले देशों के हैं।

## बच्चों में कैंसर के शुरुआती लक्षणों को पहचानने में पीडियाट्रिशियन की भूमिका महत्वपूर्ण: डॉ. गौरी कपूर

भास्कर समाचार सेवा

नई दिल्ली। राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआईआरसी), दिल्ली के वार्षिक सम्मेलन आरजीकॉन 2023 को अध्यक्ष अश्वथ डॉ. गौरी कपूर ने कहा कि बच्चों में कैंसर का इलाज काफी हद तक संभव होता है। हालांकि इसके लिए जनरल फिजिशियन और पीडियाट्रिशियन के बीच जागरूकता आवश्यक है। आरजीकॉन 2023 में एक कार्यशाला भी उपस्थित लोगों के लिए आकर्षण का केंद्र रही, जिसमें बड़ी संख्या में पीडियाट्रिशियन और जनरल फिजिशियन के लिए बच्चों में कैंसर के शुरुआती लक्षणों को पहचानने और आवश्यक जांच करने के बारे में जागरूक करने के लिए सत्र आयोजित किया गया। आरजीसीआई में चालू चिकित्सा हेमेटोलॉजी, ऑन्कोलॉजी एवं बीएमटी विभाग की डॉक्टर डॉ. कपूर ने कहा, इस बारे में जागरूकता पैदा करने की आवश्यकता है कि बच्चों में होने



वाले कैंसर का इलाज किया जा सकता है यदि समय पर जांच हो जाए और स्पेशलाइज्ड चइलड्रुड कैंसर केयर सेंटर में इलाज किया जाए। टटा मेडिकल सेंटर कोलकाता के पीडियाट्रिक ऑन्कोलॉजी में सोनियर कंसल्टेंट डॉ. वास्कर साहा ने सभी प्रतिभागियों से कैंसर पीड़ित बच्चों के इलाज के मामले में भारत की सबसे आगे लाने की चुनौती स्वीकारने की अपील की। इस उद्देश्य को प्राप्त करने के लिए सभी संबंधित पक्षों का सहयोग आवश्यक है। उन्होंने स्वास्थ्य के अधिकार को एक मौलिक अधिकार के रूप में स्वीकारने और देश में कैंसर से पीड़ित सभी बच्चों के लिए समान देखभाल की व्यवस्था करने की भी अपील की।

बच्चों में कैंसर का इलाज काफी हद तक संभव

नई दिल्ली। (एएनआई)। बच्चों में कैंसर का इलाज काफी हद तक संभव होता है। हालांकि इसके लिए जनरल फिजिशियन और पॉडियाट्रिशियन के बीच जागरूकता आवश्यक है। यह बात राखी जाये किंग इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआईआरसी), दिल्ली के वार्षिक सम्मेलन आरजीकोन 2023 की आयोजक अध्यक्ष डॉ. गौरी कपूर ने कही।



- इस बारे में जागरूकता पैदा करने की आवश्यकता
- समग्र एन जॉब व स्पेशलाइज्ड पाइलघुट कैंसर केयर सेंटर में इलाज जरूरी

जब बच्चे का यह अचानक इंसोलेन में बड़ी संख्या में पॉडियाट्रिशियन और जनरल फिजिशियन के लिए बच्चों में कैंसर के बुरे ज्ञान का अभाव को पहचानने और आवश्यक जांच करने के बारे में जागरूक करने के लिए सब अच्योतित किया गया। आरजीसीआई में चाल चिकित्सा हेमेटोलॉजी, ओन्कोलॉजी एवं बीएमटी विभाग की डायरेक्टर डॉ. कपूर ने कहा, इस बारे में जागरूकता पैदा करने की आवश्यकता है कि बच्चों में होने वाले कैंसर का इलाज किया जा सकता है यदि समय पर जांच हो जाए और स्पेशलाइज्ड पाइलघुट कैंसर केयर सेंटर में इलाज किया जाए। आरजीसीआई में चिकित्सा हेमेटोलॉजी के पॉडियाट्रिक ओन्कोलॉजी में सीनियर ऑफिसर डॉ. अक्षय शर्मा ने अपने परिचयों में

कैंसर पॉडियाट्रिक बच्चों के इलाज के मामले में चाल की समझे जहाँ एनजे की बुनियादी जमीनदोरी की उपलब्धि की। इस जगह चाल को प्राप्त करने के लिए सभी तकनीकें पूरी का उपयोग आवश्यक है। उन्होंने जागरूकता के अतिरिक्त को एक मौखिक अतिरिक्त के रूप में स्वीकारने और टैज में कैंसर से पॉडियाट्रिक बच्चों के लिए चाल पैदा करने की आवश्यकता को भी उल्लेख किया। आरजीसीआई के पॉडियाट्रिक ओन्कोलॉजी में सीनियर ऑफिसर डॉ. अक्षय शर्मा ने अपने परिचयों में

कैंसर का एक जागरूकता और चाल के बच्चों के पॉडियाट्रिक अभाव पर भी उल्लेख किया है। आरजीसीआई के अध्यक्ष अशोक किशोर ने कहा कि आरजीसीआई के एक चाल है कि जनरल में कैंसर का पहचान कर चुके लोगों में बहुत स्पेशलाइज्ड होना है और वे जॉब को जान सकेंगे वे देखेंगे। इस साल दुनियाभर में कैंसर से पॉडियाट्रिक 4 लाख बच्चों के मामले सामने आते हैं, जिनमें से 60 प्रतिशत बच्चों मिन और समय उप करने देते हैं, जहाँ जगह-जगह उपलब्ध नहीं है या उपलब्ध इलाज को व्यवस्थित है, जिससे यह 30 प्रतिशत बच्चों का जीवन ही बचान संभव हो पाता है। उम्मीद पर व सही इलाज में सब 80-90 प्रतिशत बच्चों को बच सकते हैं।

बच्चों में कैंसर का इलाज काफी हद तक संभव

नई दिल्ली, (पंजाब केसरी) : राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआईआरसी), दिल्ली के वार्षिक सम्मेलन आरजीकोन 2023 की आयोजक अध्यक्ष डॉ. गौरी कपूर ने कहा कि बच्चों में कैंसर का इलाज काफी हद तक संभव होता है। हालांकि इसके लिए जनरल फिजिशियन और पॉडियाट्रिशियन के बीच जागरूकता आवश्यक है। आरजीकोन 2023 में एक कार्यशला भी उपस्थित लोगों के लिए आकर्षण का केंद्र रही, जिसमें बड़ी संख्या में पॉडियाट्रिशियन और जनरल फिजिशियन के लिए बच्चों में कैंसर के शुरुआती लक्षणों को पहचानने और आवश्यक जांच करने के बारे में जागरूक करने के लिए सब आयोजित किया गया। आरजीसीआई में चाल चिकित्सा हेमेटोलॉजी, ओन्कोलॉजी एवं बीएमटी विभाग की डायरेक्टर डॉ. कपूर ने कहा, इस बारे में जागरूकता पैदा करने की आवश्यकता है कि बच्चों में होने वाले कैंसर का इलाज किया जा सकता है यदि समय पर जांच हो जाए और स्पेशलाइज्ड पाइलघुट कैंसर केयर सेंटर में इलाज किया जाए। आरजीसीआई के सीईओ डॉ. एस नेगी ने कहा कि बच्चों के कैंसर की जांच एवं इलाज की तरह ही उनके मानसिक स्वास्थ्य का ध्यान रखना भी उतना ही महत्वपूर्ण है।



बच्चों में कैंसर का इलाज काफी हद तक संभव

March 4, 2023

बच्चों में कैंसर का इलाज काफी हद तक संभव होता है। हालांकि इसके लिए जनरल फिजिशियन और पॉडियाट्रिशियन के बीच जागरूकता आवश्यक है।

यह बात राखी जाये किंग इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआईआरसी), दिल्ली के वार्षिक सम्मेलन आरजीकोन 2023 की आयोजक अध्यक्ष डॉ. गौरी कपूर ने कही।

इस मौके पर यह आयोजित कार्यक्रमों में बड़ी संख्या में पॉडियाट्रिशियन और जनरल फिजिशियन के लिए बच्चों में कैंसर के बुरे ज्ञान को पहचानने और आवश्यक जांच करने के बारे में जागरूक करने के लिए सब आयोजित किया गया।

आरजीसीआई में चाल चिकित्सा हेमेटोलॉजी, ओन्कोलॉजी एवं बीएमटी विभाग की डायरेक्टर डॉ. कपूर ने कहा, इस बारे में जागरूकता पैदा करने की आवश्यकता है कि बच्चों में होने वाले कैंसर का इलाज किया जा सकता है यदि समय पर जांच हो जाए और स्पेशलाइज्ड पाइलघुट कैंसर केयर सेंटर में इलाज किया जाए।

डॉ. मैट्रिकल सेंटर कोलकाता के पॉडियाट्रिक ओन्कोलॉजी में सीनियर ऑफिसर डॉ. अक्षय शर्मा ने सभी प्रतिभागियों से कैंसर पॉडियाट्रिक बच्चों के इलाज के मामले में भारत को सबसे अग्रे जाने की बुनियादी जमीनदोरी की आशीष की। इस ऊंचे लक्ष्य को प्राप्त करने के लिए सभी संबंधित प्रभु का सहयोग आवश्यक है। उन्होंने स्वास्थ्य के अधिकार को एक मौखिक अधिकार के रूप में स्वीकारने और देश में कैंसर से पॉडियाट्रिक बच्चों के लिए समान देखभाल की व्यवस्था करने की भी बातें कही।

आरजीसीआई के सीईओ डॉ. एस नेगी ने कहा कि बच्चों के कैंसर की जांच एवं इलाज की तरह ही उनके मानसिक स्वास्थ्य का ध्यान रखना भी उतना ही महत्वपूर्ण है। डॉ. अक्षय शर्मा ने 14 लाखों की वार्षिक कई बच्चों के इलाज में देरी हुई है



यह इलाज में बुरा नए है। सहामारी के कारण अज्ञानलेखन और समय में बच्चों के मानसिक स्वास्थ्य पर भी दुष्परभाव डालता है।

आरजीसीआई के अध्यक्ष राखेश मोघड़ा ने कहा कि आवश्यकता से घात चलता है कि बच्चों में कैंसर का सामना कर चुके लोगों में बहुत संवेदनशीलता होती है और वे जीवन को अलग तरीके से देखते हैं। इस साल दुनियाभर में कैंसर से पॉडियाट्रिक 4 लाख बच्चों के मामले सामने आते हैं, जिनमें से 60 प्रतिशत बच्चों मिन और समय उप करने देते हैं, जहाँ जगह-जगह उपलब्ध नहीं है या उपलब्ध इलाज को व्यवस्था है, जिससे मात्र 30 प्रतिशत बच्चों का जीवन ही बचान संभव हो पाता है। समय पर व सही इलाज में सब 80-90 प्रतिशत बच्चों को बच सकते हैं।

आज समाज

Aaj Samaj | Ambala | 21 March 2023

स्वास्थ्य के क्षेत्र में नई टेक्नोलॉजी से आ रही क्रांति: आरजीसीआई

घनीपत्त। भारत जैसे देश में टेक्नोलॉजी का प्रयोग गुणवत्तापूर्ण स्वास्थ्य सुविधा सुनिश्चित करने की दिशा में महत्वपूर्ण है। राख ही नई टेक्नोलॉजी से कैंसर के एडवांस स्टैज में भी प्रभावी इलाज की संभावना उभर रही है। इन टेक्नोलॉजी से न केवल कैंसर का इलाज आसान बन रहा है, बल्कि खरीद पर न्यूनतम व्ययपूर्वक से सब मरीज के लिए गुणवत्तापूर्ण जीवन भी सुनिश्चित हुआ है। इंडियन मेडिकल परॉफेशनल (आईएमए) फर्नीचर द्वारा आयोजित डॉक्टरों कॉन्फेरेन्स में राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई), नई दिल्ली के वार्षिक सम्मेलन आयोजक अध्यक्ष डॉ. एस नेगी ने कहा कि बच्चों में कैंसर का इलाज काफी हद तक संभव होता है। हालांकि इसके लिए जनरल फिजिशियन और पॉडियाट्रिशियन के बीच जागरूकता आवश्यक है। आरजीकोन 2023 में एक कार्यशला भी उपस्थित लोगों के लिए आकर्षण का केंद्र रही, जिसमें बड़ी संख्या में पॉडियाट्रिशियन और जनरल फिजिशियन के लिए बच्चों में कैंसर के शुरुआती लक्षणों को पहचानने और आवश्यक जांच करने के बारे में जागरूक करने के लिए सब आयोजित किया गया। आरजीसीआई में चाल चिकित्सा हेमेटोलॉजी, ओन्कोलॉजी एवं बीएमटी विभाग की डायरेक्टर डॉ. कपूर ने कहा, इस बारे में जागरूकता पैदा करने की आवश्यकता है कि बच्चों में होने वाले कैंसर का इलाज किया जा सकता है यदि समय पर जांच हो जाए और स्पेशलाइज्ड पाइलघुट कैंसर केयर सेंटर में इलाज किया जाए। आरजीसीआई के सीईओ डॉ. एस नेगी ने कहा कि बच्चों के कैंसर की जांच एवं इलाज की तरह ही उनके मानसिक स्वास्थ्य का ध्यान रखना भी उतना ही महत्वपूर्ण है।

रखिशम के कारण होने वाले दुष्परभाव घटने की तुलना में बचो कम हुए हैं। चर्चित अब रोगियों की लक्ष्य को शीघ्र ही रोगों के कैंसर प्रभावी हिसाब तक पहुंचान संभव हुआ है, जिससे अंतरागत के प्रभु पर दुष्परभाव नहीं पड़ता है। आरजीसीआई, आरजीसीआई और एपीसीआई जैसी नई तकनीकों की मदद से सटीक तरीके से ट्यूसर पर धार करने हुए अभाव के लक्षणों को बचान संभव हुआ है। सर्जरी के मामले में न्यूनतम खर्च के साथ होने वाले रोबोटिक सर्जरी इतिहास की संभव हुई है। रोबोटिक सर्जरी के दौरान बेहतर विजुअलाइजेशन संभव हुआ है और इससे सर्जरी के अंदर उन जगहों पर भी पहुंच जा सकता है, जहाँ पहुंचान पहले असंभव था। इससे बहुत सटीक तरीके से सर्जरी हो पाती है।

## हरियाणा वाटिका

Haryana Vatika | Bhiwani | 21 March 2023

# स्वास्थ्य के क्षेत्र में नई टेक्नोलॉजी से आ रही क्रांति: आरजीसीआई



वाटिका  
न्यूज

पानीपत, 20 मार्च। भारत जैसे देश में टेक्नोलॉजी का प्रयोग गुणवत्तापूर्ण स्वास्थ्य सुविधाएं सुनिश्चित करने की दिशा में महत्वपूर्ण

है। साथ ही नई थैरेपी से कैंसर के एडवांस स्टेज में भी प्रभावी इलाज की संभावनाएं प्रबल हुई हैं। इन थैरेपी से न केवल कैंसर का इलाज आसान एवं तेज हुआ है, बल्कि शरीर पर न्यूनतम दुष्प्रभावों के साथ मरीज के लिए गुणवत्तापूर्ण जीवन भी सुनिश्चित हुआ है। इंडियन मेडिकल एसोसिएशन (आईएमए) पानीपत द्वारा आयोजित डॉक्टर्स कॉन्फ्लेक्स में राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आरजीसीआई), नई दिल्ली के दो प्रतिष्ठित विशेषज्ञों डॉ. ए. के. दीवान और डॉ. विनीत तलवार ने यह बात कही। कॉन्फ्लेक्स की अध्यक्षता आईएमए पानीपत के प्रेसिडेंट डॉ.

गिरीश अरोड़ा ने की। आरजीसीआई के डायरेक्टर-सर्जिकल ऑन्कोलॉजी डॉ. ए.के. दीवान ने ऑन्कोलॉजी में नया क्या है विषय पर बोलते हुए कैंसर के उपचार की दिशा में प्रगति को लेकर अपने विचार व्यक्त किए। उन्होंने कहा कि टारगेटेड और इम्यूनोथैरेपी कैंसर के इलाज में वरदान के रूप में स्वयंसे अग्र हैं, जिनकी सफलता की दर बहुत अच्छी है। ये उपचार इंजेक्शन या टैबलेट के रूप में दिए जाते हैं। रेडिएशन के कारण होने वाले दुष्प्रभाव पहले की तुलना में काफी कम हुए हैं, क्योंकि अब रेडिएशन की तप डोज को शरीर में सीधे कैंसर प्रभावित हिस्से तक

पहुंचाना संभव हुआ है, जिससे आसपास के अंगों पर दुष्प्रभाव नहीं पड़ता है। आईएमएआरटी, आईसीआईटी और एबीआई जैसे नई तकनीकों की मदद से सटीक तरीके से ट्यूमर पर प्रहार करते हुए आसपास के ऊतकों को बचाना संभव हुआ है। सर्जरी के मामले में न्यूनतम थैरे के साथ होने वाली रोबोटिक सर्जरी क्रांतिकारी साबित हुई है। रोबोटिक सर्जरी के दौरान खतरा विनोदमूलक संभव हुआ है और इससे शरीर के अंदर उन जखमों पर भी पहुंच जा सकता है, जहां पहुंचना पहले असंभव था। इससे बहुत सटीक तरीके से सर्जरी हो पाती है।

## पंजाब केसरी

Punjab Kesari | Panipat | 22 March 2023

### स्वास्थ्य क्षेत्र में नई टेक्नोलॉजी से आ रही क्रांति: आर.जी.सी.आई.

पानीपत, 21 मार्च (बी.एन.-21346): भारत जैसे देश में टेक्नोलॉजी का प्रयोग गुणवत्तापूर्ण स्वास्थ्य सुविधाएं सुनिश्चित करने की दिशा में महत्वपूर्ण है।

साथ ही नई थैरेपी से कैंसर के एडवांस स्टेज में भी प्रभावी इलाज की संभावनाएं प्रबल हुई हैं। इन थैरेपी से न केवल कैंसर का इलाज आसान एवं तेज हुआ है बल्कि शरीर पर न्यूनतम दुष्प्रभावों के साथ मरीज के लिए गुणवत्तापूर्ण जीवन भी सुनिश्चित हुआ है।

इंडियन मेडिकल एसोसिएशन (आई.एम.ए.)

पानीपत द्वारा आयोजित डॉक्टर्स कॉन्फ्लेक्स में राजीव गांधी कैंसर इंस्टीट्यूट एंड रिसर्च सेंटर (आर.जी.सी.आई.), नई दिल्ली के 2 प्रतिष्ठित विशेषज्ञों डा. ए.के. दीवान और डा. विनीत तलवार ने यह बात कही। कॉन्फ्लेक्स की अध्यक्षता आई.एम.ए. पानीपत के प्रेसिडेंट डा. गिरीश अरोड़ा ने की।

आर.जी.सी.आई. के डायरेक्टर-सर्जिकल ऑन्कोलॉजी डा. ए.के. दीवान ने ऑन्कोलॉजी में नया क्या है विषय पर बोलते हुए कैंसर के उपचार की दिशा में प्रगति को लेकर अपने विचार व्यक्त किए।

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